



Michigan HOSA Competitive Event Modifications- 2025-2026 Regional Conferences

Leadership Events

All regional information can be found at www.michiganhosa.org/regionals.

Please refer to HOSA Competitive Event Guidelines in addition to these modifications:

www.hosa.org/guidelines.

Testing Details (Healthy Living): (based off [National HOSA guidelines](#))

- Tests will be administered in the testing room listed in the conference schedule (available at the conference).
- Cell phones and smart watches should be turned off and put away during testing.
- There will be NO verbal announcements for time remaining during testing. Competitors are responsible for monitoring their own time.
- Students will receive a test booklet, Scantron and any other materials listed in event guidelines (i.e. scrap paper, calculator, depending on the test). Pencils will NOT be provided.
- **All tests are NOT open book/open note. Additional resources/materials will not be allowed in the testing room.**
- The same time limits will be used for testing, as explained in the event guidelines.

Other event details:

- At the regional level, all competitors will advance to round two/presentation round if applicable. The test will not be used as a qualifier but will be added to competitors' skills scores to determine final rank.
- **Follow competitive event guidelines for your event's specific resources, dress code, supplies competitors must provide, references, and judge rubrics.**
- **Extemporaneous Writing- Health Policy:**
 - 60 minutes to write the essay, with a 5 minute buffer to submit via the HOSA digital upload system.
 - Prior to the conference, competitors will receive an email with an upload link. **They should keep this link!** They will use the specific link to upload their essay during the conference for judges to review.
- **Health Career Photography:**
 - Competitors must submit a digital upload of their portfolio. This must be submitted by the upload deadline! For a list of regional upload dates, see www.michiganhosa.org/regionals
 - For more information on the upload process, visit <https://hosa.org/competitive-event-digital-uploads/>
 - Round one will not be a qualifier for round two. All competitors will advance to round two. If a competitor fails to upload material for round one, they can still compete in round two but will not have points for round one.

- Follow the competitive event guidelines for round two details.
- **There is NO project display time at the regional level.**
- **Healthy Living:**
 - Round one is a knowledge test. All competitors will advance to the second round.
- **Interviewing Skills:**
 - **To participate in this event, the competitor MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). Students classified under Section 504 are NOT eligible to compete in this event.**
 - Eligibility form MUST be completed by the conference registration deadline. Advisors MUST [fill out this form](#).
 - Personal Statement and Resume must be submitted as ONE PDF! This must be submitted by the upload deadline! For a list of regional upload dates, see www.michiganhosa.org/regionals
 - For more information on the upload process, visit <https://hosa.org/competitive-event-digital-uploads/>
 - Round one will not be a qualifier for round two. All competitors will advance to round two. If a competitor fails to upload material for round one, they can still compete in round two but will not have points for round one.
 - Follow the competitive event guidelines for round two details.
- **Job Seeking Skills:**
 - Personal Statement and Resume must be submitted as ONE PDF! This must be submitted by the upload deadline! For a list of regional upload dates, see www.michiganhosa.org/regionals
 - For more information on the upload process, visit <https://hosa.org/competitive-event-digital-uploads/>
 - Round one will not be a qualifier for round two. All competitors will advance to round two. If a competitor fails to upload material for round one, they can still compete in round two but will not have points for round one.
 - Follow the competitive event guidelines for round two details.
- **Organizational Leadership:**
 - We do not do this event in Michigan.
- **Prepared Speaking:**
 - Follow event guidelines. There are no modifications.
- **Speaking Skills:**
 - **To participate in this event, the competitor MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). Students classified under Section 504 are NOT eligible to compete in this event.**
 - Eligibility form MUST be completed by the conference registration deadline. Advisors MUST [fill out this form](#).
 - Follow event guidelines. There are no modifications.
- **Researched Persuasive Writing and Speaking**
 - Competitors must upload their research paper by the upload deadline! For a list of regional upload dates, see www.michiganhosa.org/regionals

- For more information on the upload process, visit <https://hosa.org/competitive-event-digital-uploads/>
- Round one will not be a qualifier for round two. All competitors will advance to round two. If a competitor fails to upload material for round one, they can still compete in round two but will not have points for round one.
- Follow events guidelines for round two.
- **Research Poster**
 - Competitors must upload their poster by the upload deadline! For a list of regional upload dates, see www.michiganhosa.org/regionals
 - For more information on the upload process, visit <https://hosa.org/competitive-event-digital-uploads/>
 - Round one will not be a qualifier for round two. All competitors will advance to round two. If a competitor fails to upload material for round one, they can still compete in round two but will not have points for round one.
 - There is no poster setup at the regional level. Competitors will have two minutes to set up (if necessary) in the room with judges. Posters will either lie on a table with paper weights to keep it smooth, or use magnets to hang it on a whiteboard if available.
 - **There is NO project display time at the regional level.**

Dress Code:

As Future Health Professionals, HOSA members should present themselves in a professional manner. **Follow the dress code listed in your event's competitive event guidelines!** Bonus points will NOT be awarded, but event managers will make note if competitors are NOT in proper dress which could result in overall point deduction. For more information on acceptable dress code, [see here](#).

General Regional Conference Reminders:

- If students need specific accommodations, [this form must be filled out](#) by the conference registration so we can see if accommodations can be made. These accommodations must be submitted via this form.
- **Competitors MUST present a photo ID or proof of identity when checking in to their competitive event.** A clear picture of a photo ID is acceptable. If a student does not bring a photo ID, the student's advisor may be asked to report to the event manager or HOSA Headquarters and verify the student's identity.
- Michigan HOSA members can compete in only ONE competitive event. At the State and International levels, they can compete in their competitive event and as many Recognition events they want.
- Teams MUST compete with the number listed in the event guidelines. No more, no less. If it is a two person team event, you must compete with two people. If the student cannot find a last minute replacement, we will allow them to participate in another event at Regionals, such as a knowledge test.
- If you have specific questions about your competitive event, first, look at the [event guidelines](#). If you did not find your answer, please email samantha.pohl@mhc.org or hosa@mhc.org.