
Please refer to the [HOSA Competitive Event Guidelines](#) in addition to these modifications. Additional Michigan HOSA competitive event information and updates can be found at www.michiganhosa.org/mihosaguidelines.

All information provided is the current plan for competitive events at the regional (and state, depending) conferences, but are subject to change if needed. Please subscribe to the appropriate region's **Band App** (links listed on [RLC page](#)) for specific updates, as well as the [HOSA Synapse](#).

GENERAL Event Information:

- **Competitors MUST present a photo ID or proof of identity when checking in to their competitive event.** A clear picture of a photo ID is acceptable, as well as a digital photo on a school platform. If a student does not bring a photo ID, the student's advisor can write a note verifying the student, or verbally confirming the student's identity with the event manager.
- **Dress Code:** As Future Health Professionals, HOSA members should present themselves in a professional manner. **Competitors shall wear the proper attire as stated in their event guidelines.** Most events require business/professional attire, while some allow industry specific apparel (scrubs, uniforms, etc.). In the event where industry attire is allowed, students do NOT need to change into business/professional dress for the test. Bonus points will NOT be awarded, but event managers will make note if competitors are NOT in proper dress which could result in overall point deduction. For more information on acceptable dress code, [see here](#).
- Michigan HOSA members can compete in only **ONE competitive event**. At the State and International levels, they can compete in their competitive event and as many Recognition events they want (if applicable).
- **Teams MUST compete with the number listed in the event guidelines.** No more, no less. If it is a two person team event, you must compete with two people. If the student cannot find a last minute replacement, we will allow them to participate in another event at Regionals, such as a knowledge test. Choose your partner(s) wisely!
- **Not all events are offered in Michigan.** See a complete list of events [offered here](#).
- If students need specific accommodations, [this form must be filled out](#) by the conference registration so we can see if accommodations can be made. These accommodations must be submitted via this form.
- Competitors must be familiar with the [HOSA General Rules & Regulations](#) to ensure they are compliant in their event.

General TESTING Information:

- Written tests will be administered in the testing room listed in the conference schedule.
- At most regional conferences, testing will take place in a large auditorium or gymnasium. There will be other competitors entering and exiting the room. Event staff will do their best to ensure a quiet environment, but it will not be completely silent.
- Cell phones and smart watches should be turned off and put away during testing.
- There will be NO verbal announcements for time remaining during testing. Competitors are responsible for monitoring their own time.
- Students will receive a test booklet (please do not write on!), personalized answer sheet and any other materials listed in event guidelines (i.e. scrap paper, calculator, depending on the test). Pencils will NOT be provided.
- **All tests are NOT open book/open note. Additional resources/materials will not be allowed in the testing room.**
- There will be NO tie-breaker questions given at the **regional level**.

The following **Health Science Events** have a modification at the regional/state level.

Medical Reading	At the regional level, only 3 of the 5 books will be tested on. The three books are:  <i>Grit: The Power of Passion and Perseverance</i> by Angela Buckworth  <i>Fragmented: A Doctor's Quest to Piece Together American Healthcare</i> by Ilana Yurkiewicz MD  <i>The Next Patient: The Incredible World of Emergency Medicine</i> by Dr. J. Thomas Grant The following books will be added to the test at the State and International Level:  <i>Crisis Averted; The Hidden Science of Fighting Outbreaks</i> by Caitlin Rivers  <i>Everything is Tuberculosis: The History and Persistence of Our Deadliest Infection</i> by John Green
Medical Spelling	This event is no longer offered in Michigan.

General SKILL(S) EVALUATION Information:

- **All competitors will advance to the Round Two skill(s) evaluation.** We do not use the Round One tests as qualifiers in Michigan, but will add the test score to competitors' skill scores to determine final rank.
- If an event only has two or less members competing at a regional conference, there will be NO Round Two skill(s) evaluation, only a test. This information will be communicated prior to the regional event if applicable (this rule does not apply to the Region 1 Leadership Conference).
- The selected skill(s) will be presented to competitors as a written scenario at the beginning of the round. The scenario will be the same for each competitor. Some scenarios may involve the combination of multiple skills. In the event of a combined scenario, it is not necessary to repeat a task a second time. An example would be competitors would not need to identify the patient twice.
- Competitors will be handed the written scenario once they enter the event room. As soon as the scenario is handed to competitors, the time starts. Judges will NOT read the scenario aloud, unless an accommodation request has been made (i.e. for Life Support Skills). At the completion of the skills, all written scenarios MUST be left with event staff, as they are confidential property of Michigan HOSA.
- If certain supplies are not present during the skill evaluation, verbalize the step.
- At the regional level, Michigan HOSA shares what skill(s) students will be evaluated on in applicable Health Professions and Emergency Preparedness Events. **The following skills can be found on the website and on the last page of this document.**
- At the state level, we post what skills will be evaluated at 10:00 PM the night before the competition. At the international level, competitors will not know what skills they are doing in advance- only when they are handed the scenario during competition.
- **Follow competitive event guidelines for your event's specific resources, dress code, supplies competitors must provide, references, and judge rubrics.**

General DIGITAL UPLOAD Information:

- For events with a digital upload requirement (as stated in the event guidelines), BE AWARE OF YOUR CONFERENCE UPLOAD DEADLINE! Do not wait until the last minute to upload. For a list of deadlines, visit www.michiganhosa.org/regionals.
- For more information on the upload process, visit: <https://hosa.org/competitive-event-digital-uploads/>.
- All required documents must be uploaded as a **SINGLE (ONE) PDF File**. Links to Google Doc files, Word Documents, PowerPoint presentations, etc. are no longer accepted! Judges will be instructed to NOT JUDGE the submission if they are not uploaded as a **SINGLE (ONE) PDF File**. For applicable video link submissions, if the judge is NOT able to open the file or has to request permission to view, they will NOT score the material.
- If competitors/teams fail to upload their submission correctly or miss the deadline, they will receive a zero score for that portion of the event, **but can still attend the conference for the in-person portion of the event.**

The following **Health Professions** and **Emergency Preparedness Events** have a modification at the regional/state level.

Genetics (NEW)	This is a new event. This will be a knowledge test ONLY. No skills will be evaluated. Competitors who qualify for ILC will need to perform skills if they advance to round two.
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Physician Assistant- Medical Case Challenge (NEW)	This is a new event. This will NOT be offered in Michigan this year.
Personal Care & Life Support Skills	To participate in these events, the competitor MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). Students classified under Section 504 are NOT eligible to compete in this event. NO EXCEPTIONS! Eligibility form MUST be completed by the conference registration deadline. Advisors MUST fill out this form.
Nursing Assisting	REGION 7 ONLY (SVSU, December 4th)- a maximum of FIVE (5) competitors per chapter can register for this event. We can no longer accommodate 100+ competitors in this event.

General PRESENTATION/SPEECH Information:

- Be sure to review the event guidelines for presentation details, including WHAT IS/IS NOT ALLOWED in the presentation room with judges.
- For applicable events, there is no Display Time at the regional or state conference.
- For applicable events, all competitors/teams will advance to the Round Two/in-person portion of the event. No round eliminations will take place at the regional/state level.

The following **Leadership** and **Teamwork Events** have a modification at the regional/state level.

Extemporaneous Writing- Health Policy	Michigan HOSA will use the same upload method as National HOSA does for ILC- outlined in the guidelines. Competitors will receive an automated email with a unique upload link. Please keep this email! This specific link will be used to upload the completed essay to the HOSA Digital Upload System for judges to review. The event manager will be given instructions on what to do if the competitor did not receive the email or is having technical difficulties.
Interviewing Skills & Interviewing Skills	To participate in these events, the competitor MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). Students classified under Section 504 are NOT eligible to compete in this event. NO EXCEPTIONS! Eligibility form MUST be completed by the conference registration deadline. Advisors MUST fill out this form.
Organizational Leadership	This event is not used in Michigan.
Research Poster (Now a Teamwork Event)	This event is no longer part of the Leadership Category and no longer a solo event. Research Poster has moved to the Teamwork Category and consists of a team of 2-4 people. There is no project display time at the regional or state level. There will be no "poster setup" at regionals- competitors will bring their poster in when it is their turn to present and will be given a few minutes to display the poster (on a provided board, easel, or flat on a table, depending on the location).
Creative Problem Solving	Per the event guidelines, competitors are now required to provide their own markers and index cards for the Round Two problem solving. Michigan HOSA will provide two(s) flip chart papers per team.
Forensic Science	At the regional level, the case study does not involve a crime scene or physical evidence and instead is in a written format.

	Prior to the conference, competitors will receive an email with an upload link. They should keep this link! Teams will use the specific link to upload their written conclusion during the conference for judges to review. CAUTION: The content and pictures in the suggested resources are graphic in nature and may be considered offensive by some. HOSA advisors should seek administrative and parental approval before allowing HOSA members to participate in this event. The written conclusion will be submitted DIGITALLY, so teams should bring an electronic device per the event guidelines. Only one device will be used per team, but teams can use the second device as a backup if needed.
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The information above is applicable for Post-secondary/collegiate members, *except*, not all events are offered to PS/C members. For a complete list of events PS/C members can register for at the PS/C ILC Qualifier (at the Region 5 Leadership Conference at Rochester Adams on January 16, 2027), [CLICK HERE!](#)

Middle School members will have a separate competitive event modification document that will be posted on the [Middle School SLC Page](#) soon!

Lastly, if you have specific questions about your competitive event, first, look at your event guidelines. If you did not find your answer, ask your advisor. If they do not know the answer, *they* can email samantha.pohl@mhc.org for additional clarification.

Michigan HOSA 2026-2027 Regional Leadership Conference Skill Assessments		
Health Professions Events	Skill	Skill
Biotechnology	Skill VII: Calculation of Transformation Efficiency	--
Clinical Laboratory Science (Medical Lab Scientist)	Skill I: Identifying Laboratory Instruments/Equipment	--
Clinical Nursing	Skill I-C: Administer Medication Intradermal	Skill VIII: Donning & Doffing PPE
Dental Science	Skill II: Assembly & Disassembly of the Aspirating Anesthetic Syringe	--
Genetics (NEW)	TEST ONLY, NO SKILLS WILL BE EVALUATED	
Home Health Aide	Skill I: Taking an Adult Tympanic Temperature	Skill IV: Changing a Dry Dressing Using Non-Sterile Technique
Medical Assisting	Skill II: Receive a New Patient and Create an Electronic Chart	Skill VIII: Sterile Gloving
Nursing Assisting	Skill VII: Measure & Record Vital Signs- TPR & Blood Pressure (Aneroid)	--
Occupational Therapy	Skill VII: Demonstrate Good Body Mechanics	Skill VIII: Instruct Patient on Proper Posture (Sitting in Chair)
Personal Care	Skill VII: Measure & Record Vital Signs- TPR & Blood Pressure (Aneroid)	--

Patient Care Technician	Skill III: Measuring an Infant's Length & Weight	--
Phlebotomy	Skill II: Tourniquet Application	Skill VIII: 24-Hour Urine Collection
Respiratory Therapy	Skill II: Donning & Removing Transmission-Based Isolation Garments	Skill V: Assessment of Newborn
Pharmacy Science	Skill I: Identifying Laboratory Instruments/Equipment	--
Physical Therapy	Skill IV: Ambulating with Crutches	Skill VI: Cold Pack Application with Ice Bag
Sports Medicine	Skill II: Joint Action and Maximum Range of Motion Identification	--
Surgical Technologist	Skill IV: Gowning & Gloving (Self)	Skill VI: Loading & Passing Surgical Sutures
Veterinary Science	Skill II: Identification of Companion Animal Breeds/Species (this skill will be administered with the test using images if breeds/species)	Skill V: Lifting and Restraining a Dog
Emergency Preparedness Events	Skill	Skill
CERT	Skill IV: Lifts & Carries	--
CPR/First Aid	Skill I A&B: Adult BLS/CPR	Skill VI: Open Fracture & Splinting
EMT	Skill VI: Cardiac Arrest Management/AED	Skill IX: Administer Naloxone (Nasal Spray NARCAN)
Life Support Skills	Skill I: Adult BLS/CPR	Skill VII: Open Fracture & Splinting