

2021 Virtual Regional Leadership Conference

Skills and Topics

Biomedical Laboratory Science- Skill VII: Preparing a Laboratory Solution

CERT Skills- Skill IV: Splinting a Closed Fracture

Clinical Nursing- Skill VIII: Assisting the Patient with Postoperative Exercises

CPR/First Aid- Skill II: Choking & Skill VI,VII: Adult BLS/CPR

Dental Science- Skill V: Patient Education- Brushing & Flossing

EMT- Skill V: Bleeding Control/Shock Management

Home Health Aide- Skill I: Taking an Adult Tympanic Temperature

Life Support Skills- Skill I: Adult BLS/CPR

Life Threat Situations- Skill III: Position the Unconscious Injured

Medical Assisting- Skill VIII: Sterile Gloving

Nursing Assisting- Skill I: Handwashing

Personal Care- Skill I: Handwashing

Pharmacy Science- Skill I: Patient Screening for Pharmacist Consultation & Services

Physical Therapy- Skill VIII: Donning & Removing Transmission-based Isolation Garments

Sports Medicine- Skill III: Taping/Wrapping A. Ankle (Inversion)

Vet Science- Skill II: Lifting and Restraining a Dog

Medical Reading (SS & PS divisions):

1. The Poisoner's Handbook: Murder and the Birth of Forensic Medicine in Jazz Age New York
2. What Patients Say, What Doctors Hear
3. Chasing my Cure: A Doctor's Race to Turn Hope Into Action
4. Why We Get Sick: The Hidden Epidemic at the Root of Most Chronic Disease- & How to Fight It
5. Teen Leadership Revolution – How Ordinary Teens Become Extraordinary Leaders

Foundations of Medical Reading (Middle School division):

1. Chasing my Cure: A Doctor's Race to Turn Hope Into Action
2. Being Mortal: Medicine and What Matters in the End
3. Small Acts of Leadership: 12 Intentional Behaviors that Lead to Big Impact

Public Health Topic- Good Oral Health = Good Overall Health

Research Persuasive Writing & Speaking Topic- Vaping: Safe or Sorry?

Prepared Speaking & Speaking Skills Topic- Shatter Your Expectations

Biomedical Debate Topic- COVID-19 Vaccine Should be Required to Attend School (Grades 9+)

Public Service Announcement Topic- Bone Marrow Donation Saves Lives!

Parliamentary Procedure meeting agenda and Creative Problem Solving topic will be given in their Event Modification sheets.

Please make sure to read through your [HOSA Event Guidelines](#) AND [Event Modification sheets](#) for specific details of your event.

