



Michigan HOSA Competitive Event Modifications- 2025-2026 Regional Conferences

CERT Skills, CPR/First Aid, EMT, Epidemiology, Life Support Skills, Mental Health Promotion, MRC Partnership, Public Health

All regional information can be found at www.michiganhosa.org/regionals.

Please refer to HOSA Competitive Event Guidelines in addition to these modifications:

www.hosa.org/guidelines.

Testing Details (CERT, CPR, EMT & Epidemiology): (based off [National HOSA guidelines](#))

- Tests will be administered in the testing room listed in the conference schedule (available at the conference).
- At most regional conferences, testing will take place in a large auditorium or gymnasium. There will be other competitors entering and exiting the room. Event staff will do their best to ensure a quiet environment, but it will not be completely silent.
- Cell phones and smart watches should be turned off and put away during testing.
- There will be NO verbal announcements for time remaining during testing. Competitors are responsible for monitoring their own time.
- Students will receive a test booklet, Scantron and any other materials listed in event guidelines (i.e. scrap paper, calculator, depending on the test). Pencils will NOT be provided.
- **All tests are NOT open book/open note. Additional resources/materials will not be allowed in the testing room.**
- The same time limits will be used for testing, as explained in the event guidelines.
- There will be NO tie-breaker questions given at the **regional level**.
- The following events will receive a basic, handheld calculator from HOSA for testing as well as a piece of scrap paper:
 - Epidemiology

Other event details:

- At the regional level, all competitors will advance to round two. The test will not be used as a qualifier but will be added to competitors' skills scores to determine final rank.
- For CERT, CPR/FA, & EMT, the selected skill(s) will be presented to competitors as a written scenario at the beginning of the round. The scenario will be the same for each competitor. Some scenarios may involve the combination of multiple skills. Because of the combined scenario, it is not necessary to repeat a task a second time. An example would be competitors would not need to identify the patient twice.

- Competitors will be handed the written scenario once they enter the event room. As soon as the scenario is handed to competitors, the time starts. Judges will NOT read the scenario aloud, unless an accommodation request has been made (i.e. for Life Support Skills). At the completion of the skills, all written scenarios MUST be left with event staff, as they are confidential property of Michigan HOSA.
- **Follow competitive event guidelines for your event's specific resources, dress code, supplies competitors must provide, references, and judge rubrics.**

The following skills will be evaluated at the regional level:

CERT Skills	Skill III: Head-To-Toe-Assessment (5 mins)	Skill V: Splinting a Closed Fracture (5 mins)
CPR/First Aid	Skill III- A & B: Infant BLS/CPR	Skill VIII: Heat-Related Emergency
EMT	Skill III: BVM Ventilation: Apenic Adult Patient	Skill V: Bleeding Control/Shock Management
Life Support Skills	Skill III: Infant BLS/CPR (6 mins)	Skill VIII: Heat-Related Emergency (5 mins)

Life Support Skills:

- **To participate in this event, the competitor MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). Students classified under Section 504 are NOT eligible to compete in this event. NO EXCEPTIONS!**
- Eligibility form MUST be completed by the conference registration deadline. *Advisors* MUST [fill out this form](#).
- **Epidemiology:**
 - Test only event. The test is not 50 questions long and competitors will have 60 minutes to complete the test.
- **Mental Health Promotion:**
 - Competitors must submit a digital upload of their social media campaign summary, consultant form, reference pages, as ONE COMBINED PDF! This must be submitted by the upload deadline! For a list of regional upload dates, see www.michiganhosa.org/regionals
 - For more information on the upload process, visit <https://hosa.org/competitive-event-digital-uploads/>
 - All competitors will compete in person for the presentation portion of this event. If a competitor fails to upload material, **they can still compete in the presentation but will not have points for the digital upload portion of the event.**
 - Follow the competitive event guidelines for presentation details, including what is/is not allowed in the presentation room with judges.
- **MRC Partnership:**
 - Competitors must submit their portfolio and forms by the upload deadline! For a list of regional upload dates, see www.michiganhosa.org/regionals
 - For more information on the upload process, visit <https://hosa.org/competitive-event-digital-uploads/>

- All competitors will compete in person for the presentation portion of this event. If a competitor fails to upload material, **they can still compete in the presentation but will not have points for the digital upload portion of the event.**
- Follow the competitive event guidelines for presentation details, including what is/is not allowed in the presentation room with judges.
- **Public Health:**
 - Competitors must submit a digital upload of their video presentation trailer by the upload deadline! For a list of regional upload dates, see www.michiganhosa.org/regionals
 - For more information on the upload process, visit <https://hosa.org/competitive-event-digital-uploads/>
 - Round one will not be a qualifier for round two. All competitors will advance to round two. If a competitor fails to upload material for round one, **they can still compete in round two but will not have points for round one.**
 - Follow the competitive event guidelines for round two details, including what is/is not allowed in the room with judges. Competitors have 9 minutes to present, 5 minutes to set-up and 3 minutes to teardown.

Dress Code:

As Future Health Professionals, HOSA members should present themselves in a professional manner. **Follow the dress code listed in your event's competitive event guidelines!** Bonus points will NOT be awarded, but event managers will make note if competitors are NOT in proper dress which could result in overall point deduction. For more information on acceptable dress code, [see here](#).

General Regional Conference Reminders:

- If students need specific accommodations, [this form must be filled out](#) by the conference registration so we can see if accommodations can be made. These accommodations must be submitted via this form.
- **Competitors MUST present a photo ID or proof of identity when checking in to their competitive event.** A clear picture of a photo ID is acceptable. If a student does not bring a photo ID, the student's advisor may be asked to report to the event manager or HOSA Headquarters and verify the student's identity.
- Michigan HOSA members can compete in only ONE competitive event. At the State and International levels, they can compete in their competitive event and as many Recognition events they want.
- Teams MUST compete with the number listed in the event guidelines. No more, no less. If it is a two person team event, you must compete with two people. If the student cannot find a last minute replacement, we will allow them to participate in another event at Regionals, such as a knowledge test.
- If you have specific questions about your competitive event, first, look at the [event guidelines](#). If you did not find your answer, please email samantha.pohl@mhc.org or hosa@mhc.org.