



## Michigan HOSA Competitive Event Modifications- 2026 Middle School STATE Conference

---

All middle school state conference information can be found at

[www.michiganhosa.org/middleschoolslc](http://www.michiganhosa.org/middleschoolslc).

Please refer to HOSA Competitive Event Guidelines in addition to these modifications:

[www.hosa.org/guidelines](http://www.hosa.org/guidelines).

**Foundations of Vet Science, First Step Career Skills, Life Threatening Situations, Extemp. Health Poster, Foundations of Healthy Living, Health Career Preparation, Dynamic Decisions, Exploring Medical Innovation, Foundations of HOSA Bowl**

**\*\*Reminder- as of 2025-2026, middle school competitors will only compete in the middle school State Conference and if eligible, ILC. They will no longer compete at the regional level.**

### Testing Details (for applicable events):

- Tests will be administered in the testing room listed in the conference schedule (available at the conference).
- Team members will be separated. They cannot take tests together. Tests will be taken individually.
- Cell phones and smart watches should be turned off and put away during testing.
- There will be NO verbal announcements for time remaining during testing. Competitors are responsible for monitoring their own time.
- Students will receive a test booklet, Scantron and any other materials listed in event guidelines (i.e. scrap paper, calculator, depending on the test). Pencils will NOT be provided.
- **All tests are NOT open book/open note. Additional resources/materials will not be allowed in the testing room.**
- The same time limits will be used for testing, as explained in the event guidelines.

### Event Details:

- All competitors will advance to round two if applicable. The test will not be used as a qualifier but will be added to competitors' skills scores to determine final rank.
- **Follow competitive event guidelines for your event's specific resources, dress code, supplies competitors must provide, references, and judge rubrics.**
- **Foundations of Veterinary Science:**
  - All competitors will advance to round two. Test scores will be added to skill scores to determine final rank.
  - Students need to come prepared to do any skill at the state competition, along with any supplies (if applicable). *Competitors will not know what skills they are being evaluated on until they walk into the competition.*
- **First Step Career Skills- NEW EVENT:**

- Teams must submit their digital video for prejudging by the digital upload deadline. Failure to submit will result in zero points for that portion of the event. Teams can still compete in the in-person presentation, but will not have points for prejudging.
- **Foundations of HOSA Bowl:**
  - All competitors will advance to round two. Test scores will be used to determine round two brackets.
- **Health Career Preparation:**
  - Competitors must submit their personal statement by the digital upload deadline. Failure to do so will result in zero points for the digital upload portion of the event. Competitors can still compete in the in-person interview, but will not have points for the personal statement portion.
- **Life Threatening Situations:**
  - All competitors will advance to round two. Test scores will be added to skill scores to determine final rank.
  - Students need to come prepared to do any skill at the state competition, along with any supplies (if applicable). ***Competitors will not know what skills they are being evaluated on until they walk into the competition.***
- **Extemporaneous Health Poster:**
  - No modifications.
- **Dynamic Decisions:**
  - All teams will advance to round two.
- **Foundations of Healthy Living- NEW EVENT**
  - Similar to the secondary/postsecondary Healthy Living event; competitors will take a round one test, then participate in a round two presentation. For middle school, there will be 35 test questions.
  - All competitors will advance to the round two presentation.
- **Exploring Medical Innovation**
  - Teams must submit their outline by the digital upload deadline. Failure to do so will result in zero points for round one.
  - All teams will advance to round two.
  - There is no required display time at the state conference.

## **Dress Code:**

As Future Health Professionals, HOSA members should present themselves in a professional manner. **Follow the dress code listed in your event's competitive event guidelines!** Bonus points will NOT be awarded, but event managers will make note if competitors are NOT in proper dress which could result in overall point deduction. For more information on acceptable dress code, [see here](#).

## **General Regional Conference Reminders:**

- **Competitors MUST present a photo ID or proof of identity when checking in to their competitive event.** A clear picture of a photo ID is acceptable. If a student does not bring a photo ID, the student's advisor may be asked to report to the event manager or HOSA Headquarters and verify the student's identity.
- Michigan HOSA members can compete in only ONE competitive event.

- Teams MUST compete with the number listed in the event guidelines. No more, no less. If it is a two person team event, you must compete with two people.
- If you have specific questions about your competitive event, first, look at the [event guidelines](#). If you did not find your answer, please email [samantha.pohl@mhc.org](mailto:samantha.pohl@mhc.org) or [hosa@mhc.org](mailto:hosa@mhc.org).