

Dress Code

Michigan HOSA has outlined 5 areas of attire for students attending events.

- *HOSA Uniform Attire*
- *Business Attire*
- *Competitive Events Attire*
- *HOSA Casual Attire*
- *Dance Attire*

When attending a Michigan HOSA event, it is required that all attendees be in Business Attire unless otherwise noted. Please check the Advisor's Guide for each event to ensure your students have the proper attire for all activities. The Dress Code applies not only to the students, but to all conference attendees.



The final decision regarding dress code violations is at the discretion of the conference staff.

The following attire is considered **inappropriate for all attires** and will not be allowed at any HOSA event:

- Clothing and accessories which are sexually suggestive, or display profanity, drugs, alcohol, or tobacco products
- See-through, tight fitting, spaghetti straps, strapless, extremely short, or low-cut tops/dresses/shirts
- Pants or skirts which are worn below the hip bone or show visible undergarments
- Spandex, leggings, leotards, cutoffs, or pajamas
- Clothing which is stained, torn, or ripped
- Bare feet or bedroom type shoes

Competitive Event's Dress Attire

Delegates must adhere to the **Dress Code** as specified in the individual competitive event guidelines for the **orientation and event** in which they are competing.



Dress Code

HOSA Casual

Longer length shorts (no short shorts), capri's, neat jeans (no holes showing skin), polo shirts, sweatshirts, HOSA or appropriate t-shirt and casual footwear such as flip-flops, tennis shoes, etc.

Business Attire

Conference delegate attire should be proper and appropriate since it reflects directly upon the State Association and National HOSA. Conference delegates must wear HOSA uniform or appropriate business attire to all conference activities, unless otherwise noted, other than the general sessions, where HOSA attire is required.

Business attire may include:

- Khaki pants and/or slacks
- Dress pants of different lengths that are part of a suit/ensemble may be acceptable but “shorts” are not acceptable.
- Polo Tops, Button Down Shirts (Oxfords)
- For females-tops may also include appropriate blouses and/or sweaters
- Dresses

No denim clothing or canvas shoes will be acceptable. Denim pants in colors other than blue are not permitted. Blue jean skirts and dresses are NOT acceptable.

Under no circumstances will blue jeans, shorts, or other casual attire be accepted. Delegates dressed in such casual attire will not be permitted to participate in official HOSA conference meetings.

HOSA Uniform Attire

Tailored navy blazer with emblem affixed over the heart.

- Shirt/blouse for females (white tailored or short-sleeve white jewel neck shell)
- Shirt for males – white closed-neck, man-tailored dress shirt, suitable for use with a tie
- Accent for female members – maroon HOSA scarf or tie is optional, but not required
- Accent for male officers – navy or maroon long tie
- Matching navy slacks for males and matching navy slacks or skirts for females
- **Closed-toe** blue or black shoes (hose optional)

OR



Dress Code

- **Black or navy blue suit with a white shirt**
- **Closed-toe** blue or black shoes (hose optional)
- Male members **MUST** wear a tie.
- Female members may choose to wear knee-length skirt or slacks. No Dresses.

Dance Dress Code

HOSA t-shirt. Shirts may not be tied around the waist or shoulders. Requiring students to wear a HOSA shirt helps us identify quickly whether or not the student is a HOSA student and helps us keep non-HOSA members from attending our dances.

Students may wear clean jeans. Holes or cuts in them which shows skin is not acceptable. No underwear or midribs showing at any time. Students are not allowed to roll up the pant legs on their jeans. No Capri's, no cut-off jeans, no shorts allowed. Students must wear their HOSA conference name badge where it can be easily read.

Tips for Dress Code Success:

No dress code can cover all contingencies so HOSA members must use a certain amount of judgement in their choice of clothing to wear. HOSA members who experience uncertainty about acceptable HOSA attire should ask his/her HOSA local or state advisor.

Here are a few more tips to help you understand the HOSA Dress Code.

- Casual tank or tube tops, t-shirts, sweat pants/shirts, or tennis shoes are never acceptable
- Clothing that works well for the beach, yard work, dance clubs, exercise sessions, and sports contests is **NOT** appropriate for HOSA events, meetings, and conference sessions.
- Clothing that reveals too much cleavage, your back, your chest, your stomach or your underwear is not appropriate for HOSA delegates.
- Clothing should be pressed and never wrinkled. Torn, dirty or frayed clothing is unacceptable. Any clothing that has words, terms, or pictures that may be offensive to HOSA delegates or guests is unacceptable.
- Open-toed shoes and heeled sandals are permitted with Business Attire. Flip-flops and Toms are not.



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Dress Code-FAQ:

HOSA Uniform Attire:

Q: Can I wear a cardigan instead of a blazer?

A: *No*

Q: Can I wear a dress under my blazer, instead of a skirt/pants?

A: *No*

Q: Can I wear a bow tie?

A: *While a bow-tie is not a part of the official HOSA uniform, it is acceptable with a blue or black suit.*

Q: *What are considered Flip-Flops?*

A: *Flip-flops and thong sandals are flat, backless, made of rubber or leather, plain or embellished with beads, etc., consisting of a flat sole held loosely on the foot by a Y-shaped strap, like a thin thong, that passes between the first (big) and second toes and around either side of the foot.*